

Keeping the big picture

AOPA Safety Seminar

4th February 2023

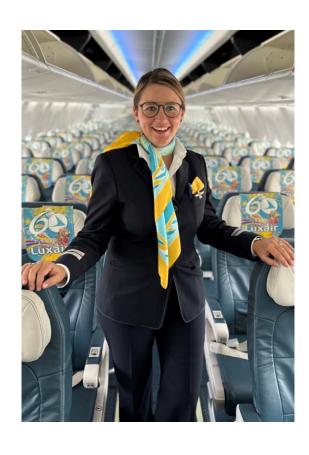
Luxembourg

Topics



- Introduction
- Definition
- Mental Models
- 3 Steps of good SA
- Monitoring Skills

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How long are you in the possession of your licence?

How long are you in the possession of your licence?

- 1-5 years
- 5-10 years
- 10-15 years
- above



Have any of you had already a critical situation during a flight?

Was it easy to keep a high level of Situation Awareness?

How can you improve your SA?

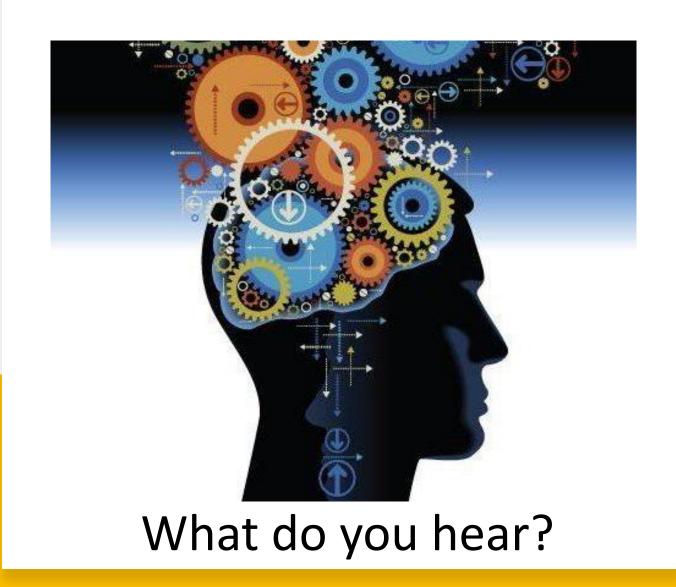
Definition

"...Situation Awareness is the perception of the elements in the environment within a volume of time and space, the comprehension of their meaning, and the projection of their status in the near future."

Mica Endsley, 1995





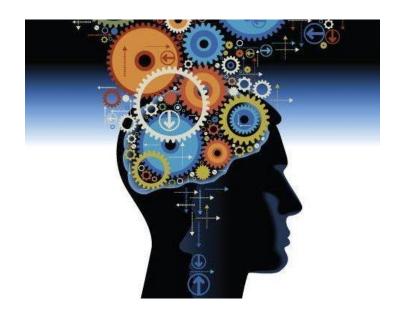




Mental models are influenced by

- your knowledge,
- skills,
- experience and
- expectations.

If new information is coming in, your brain is checking if you have already a corresponding mental model.



What are the advantages and disadvantages of Mental Models?



Advantages

- Mental models derivate from other people's experience or be composed from different mental models which are stored already
- Allow us to deal easily with a high amount of information coming in
- Mental models allow us to react fast.

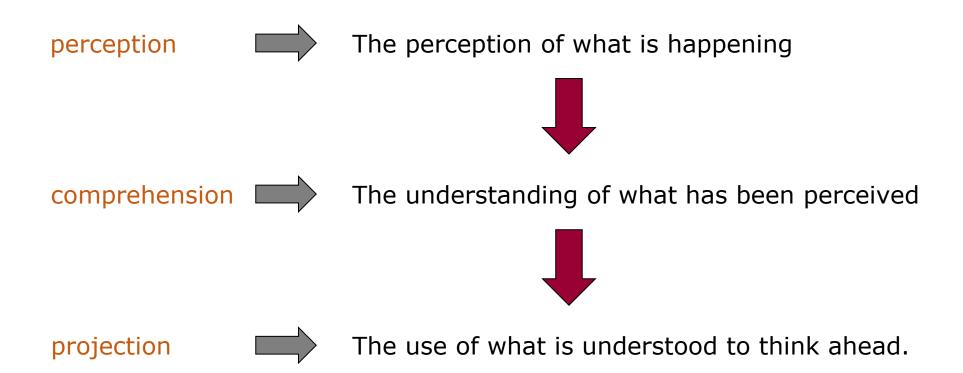
Disadvantages

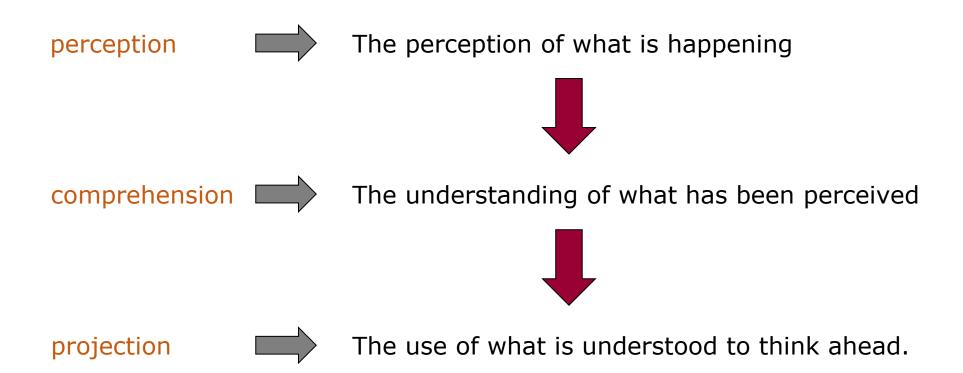
- If you do not have the complete picture, it is hard to generate a correct mental model
- Difficult to keep a good SA if you are not fit

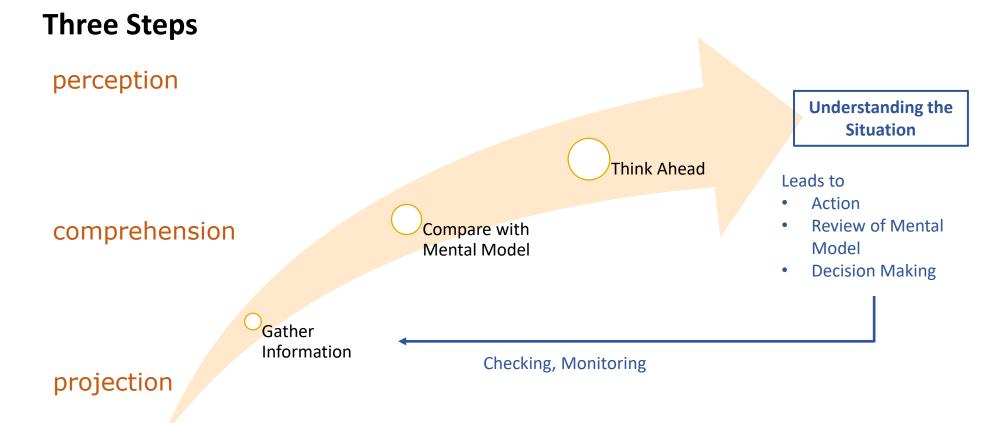
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What is monitoring?

Definition

Monitoring describes the observation and interpretation of the flight path data, configuration status, automation modes and on-board systems appropriate to the phase of flight. It involves a cognitive comparison against the expected values, modes and procedures.

CAA, 2013



Monitoring Lapses



What influences good monitoring attributes?

Good monitoring attributes



- Good monitoring relies upon effective task mangement
- Knowledge is provided through training
- Experience is the application of the knowledge
- Skill is the product of both knowledge and experience
- Attitude is a personal trait that can be shaped and developed
- Communication is fundamental to monitoring

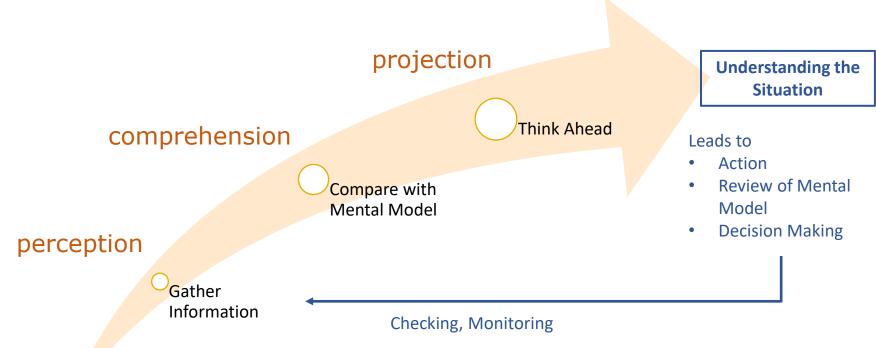
Monitoring Strategies for Single Pilot Operation

- 1. Resist the temptation to take short cuts and avoid repeating the well-known checklists from memory
 - Saying a drill out loud will re-enforce the actions and ensure nothing is missed
 - Departure and approach briefings or reviews are an essential element of safe operations
- 2. Emergency briefings become a self-disciplined action
 - Completing a briefing (to yourself) re-enforces the thought process 'Have I thought of everything'
 - Have a 'what if plan'. Consider, any airfield restrictions, surrounding terrain, weather, temperature, aircraft weight and payload. What are you going to do if the engine fails?

Monitoring Strategies for Single Pilot Operation

- 3. Review the engine failure or major emergency actions by self-briefing and accomplishing a touch drill of all the relevant switches and levers
 - The touch drill improves the memory for actions required under stress
- 4. Ensure that emergency checklists are accessible and can be executed whilst still flying the aircraft
- 5. In most emergencies, the best strategy is to land as soon as possible. Therefore, have a plan
- 6. Self monitoring, to detect lapses becomes important. In a single pilot situation taking a break is not an option so ensure that you are well rested and fit to fly.

Three Steps





Summary

- Prudent pre-flight choices can avoid difficult inflight decisions
- The need to recognize potential hazards and taking timely action to avoid them is crucial
- Once in the air, you should enter a continuous situation awareness cylce
- → Good situation awareness is about avoiding the circumstances that lead to really tough decisions

Thank you for your attention!